



# BROOKS-HOWELL HOME MENU



August Wk 2

	<b>Sunday</b> 5-Aug	<b>Monday</b> 6-Aug	<b>Tuesday</b> 7-Aug	<b>Wednesday</b> 8-Aug	<b>Thursday</b> 9-Aug	<b>Friday</b> 10-Aug	<b>Saturday</b> 11-Aug
<b>Breakfast</b>	Scrambled Eggs* Breakfast Potatoes* Sausage Links* Danish*  Cold Cereal Toast Fresh Fruit	Ham & Cheese Omelet* Bacon* Grits*  Cold Cereal Toast* Fresh Fruit	Scrambled Eggs* Bacon* Pancakes* Peach Oatmeal*  Cold Cereal Toast Fresh Fruit	Sausage Egg Biscuit* Fried Eggs Sausage Patty Oatmeal*  Cold Cereal Toast* Fresh Fruit	Scrambled Eggs* Bacon* Breakfast Potatoes* Breakfast Bread*  Cold Cereal Toast Fresh Fruit	Scrambled Eggs* Canadian Bacon* Waffles & Fruit* Grits  Cold Cereal Toast Fresh Fruit	Cheese Omelet* Fried Eggs Bacon* Biscuit & Gravy*  Cold Cereal Toast Fresh Fruit
<b>Lunch</b>	<b>Soup &amp; Salad</b> House Vegetable Soup House Salad* Fresh Fruit  <b>Entreés</b> Baked Ham* BBQ Chicken  <b>Sides</b> Sweet Potato Casserole* Steamed Spinach* Steamed Carrots Sourdough Bread*	<b>Soup &amp; Salad</b> Soup Du Jour Cole Slaw* Fresh Fruit  <b>Entreés</b> Lemon Butter Cod Fish* Stuffed Turkey Breast  <b>Sides</b> Seasoned Rice* Roasted Parmesan Romas* Cauliflower Cheddar Biscuit*	<b>Soup &amp; Salad</b> Provincial Veggie Soup Italian Veggie Salad* Fresh Fruit  <b>Entreés</b> Flank Steak* Roasted Pulled Chicken & Pea Ragu Sauce  <b>Sides</b> Fettuccine Pasta* Asparagus* Creamed Rutabaga Garlic Bread*	<b>Soup &amp; Salad</b> Black Bean Soup Broccoli Salad* Fresh Fruit  <b>Entreés</b> Pulled Pork* Veggie Burrito  <b>Sides</b> Hoppin John Rice Pilaf* Bacon & Brussels* Black Eyed Peas Flat Bread*	<b>Soup &amp; Salad</b> Lentil Soup House Salad* Fresh Fruit  <b>Entreés</b> Vegetable Lasagna* Marinated Chicken Breast  <b>Sides</b> Baked Sweet Potato Yellow Wax Beans* Mixed Veggies Roll*	<b>Soup &amp; Salad</b> Chicken Gumbo Soup* Seafood Salad* Fresh Fruit  <b>Entreés</b> Sun Dried Tomato Salmon* Beef Kabobs  <b>Sides</b> Butternut Squash Risotto* Broccoli* Succotash Sourdough Toast*	<b>Soup &amp; Salad</b> Tomato Basil Soup Garden Salad* Fresh Fruit  <b>Entreés</b> Hamburger* Pizza  <b>Sides</b> Macaroni & Cheese* Sauteed Spinach* Ranch Corn  <b>Dessert</b> Angel Food Cake*
<b>Dinner</b>	<b>Soup &amp; Salad</b> Summer Squash Bisque House Salad Fresh Fruit  <b>Entreés</b> Zucchini Beef Casserole* Egg Salad Croissant  <b>Sides</b> Tater Tots* Prince Edward Blend* Sliced Bread*  <b>Dessert</b> Pudding*	<b>Soup &amp; Salad</b> Broccoli Cheese Soup House Salad Fresh Fruit  <b>Entreés</b> Meatballs & Marinara* Spaghetti Squash Parmesan  <b>Sides</b> Angel Hair Pasta* Butternut Squash* Herb Parmesan Toast*  <b>Dessert</b> Pound Cake*	<b>Soup &amp; Salad</b> Beef Noodle Soup House Salad Fresh Fruit  <b>Entreés</b> Ham & Swiss Quiche* Turkey Salad Platter  <b>Sides</b> Potato Salad* Broccoli* Mini Bun  <b>Dessert</b> Egg Custard*	<b>Soup &amp; Salad</b> Soup Du Jour House Salad Fresh Fruit*  <b>Entreés</b> Chicken & Dumplings* Crescent Veggie Rolls  <b>Sides</b> Baked Potato Normandy Veggies* Sliced Bread*  <b>Dessert</b> Donut*	<b>Soup &amp; Salad</b> Chicken Noodle Soup House Salad Fresh Fruit  <b>Entreés</b> Cordon Bleu Casserole* Deli Sandwich  <b>Sides</b> Couscous Pasta* Green Peas* Roll*  <b>Dessert</b> Fruit Cobbler*	<b>Soup &amp; Salad</b> Split Pea Soup House Salad Fresh Fruit  <b>Entreés</b> Turkey Alfredo* Chef Salad  <b>Sides</b> Elbow Pasta* Green Beans* Sliced Bread*  <b>Dessert</b> Banana Bread*	<b>Soup &amp; Salad</b> Soup Du Jour House Salad Fresh Fruit  <b>Entreés</b> Baked Chicken Thighs* Seafood Salad Pita  <b>Sides</b> Stuffing* Squash Medley* Roll*  <b>Dessert</b> Cookie*