

# JULY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  10:45 Live Stream Worship Service from Lake Junaluska on Channel 57	2  9:00 Body Recall – MR 10:00 Chairacise – MR  3:45 Fireworks Painting Media Room	3  10:00 Music Together Chapel 10:00 Yoga – AB  3:00 Memorial Service for Peggy Alspaugh Speas Chapel	4 <i>Independence Day</i> <i>Wear Red, White &amp; Blue</i>  9:00 Body Recall – MR 10:00 Noodle Ball – MR  3:30 ACT Poetry Reading Chapel Foyer	5  10:00 Music with Nan – MR  2:45 Choir – Chapel  3:15 Chapel Service	6  9:00 Body Recall – MR 10:00 Chairacise – MR  <b>1:00 Shopping</b>  3:00 Movie on Channel 57 “Cinderella”	7  9:15 Rise-n-Shine with Laura CHU  10:00 “Sunday” School – MR  3:45 Campfire Sing-along Songs – BTU Lounge
8  10:45 Live Stream Worship Service from Lake Junaluska on Channel 57	9  9:00 Body Recall – MR 10:00 Chairacise – MR  3:45 Coloring Club – MR  7:00 Table Games – MR	10  10:00 Music Together Chapel 10:00 Yoga – AB  3:15 Bible Study – IR  3:45 Crayon Confetti Art - MR	11 <i>Book Sale in Lobby</i>  9:00 Body Recall – MR 10:00 Noodle Ball – MR  3:45 Music & Popsicles on CHU Patio	12  10:00 Music with Patty – MR  2:45 Choir – Chapel  3:15 Chapel Service	13 <i>French Fry Day</i>  9:00 Body Recall – MR 10:00 Chairacise – MR  3:00 Movie on the Big Screen “The Greatest Showman” 3:00 Movie on Channel 57 “Lady and the Tramp”	14  9:15 Rise-n-Shine with Laura BTU  10:00 “Sunday” School – MR  3:45 Make Greeting Cards Media Room
15  10:45 Live Stream Worship Service from Lake Junaluska on Channel 57	16  9:00 Body Recall – MR 10:00 Chairacise – MR 3:45 Health Center Residents’ Council – MR  6:30 <i>Morris &amp; Ash Grove Dancers in the Chapel</i>	17 <i>Disneyland opened in 1955</i>  10:00 Music Together Chapel 10:00 Yoga 3:15 Bible Study – IR 3:45 Teddy Bear Picnic Chapel	18  9:00 Body Recall – MR 10:00 Noodle Ball – MR  <b>1:00 Shopping</b>  3:45 Hymn Sing – MR	19  10:00 Music with Nan – MR  2:45 Choir – Chapel  3:15 Chapel Service	20 <i>Lollipop Day</i>  9:00 Body Recall – MR <b>9:15 Independents to Emerald Village &amp; Little Switzerland</b> 10:00 Chairacise – MR  3:00 Movie on Channel 57 “Beauty and the Beast”	21  9:15 Rise-n-Shine with Laura CHU 10:00 “Sunday” School – MR  3:45 Christmas in July Sing- along & snacks – CHU
22  10:45 Live Stream Worship Service from Lake Junaluska on Channel 57	23  9:00 Body Recall – MR 10:00 Chairacise – MR  3:45 Coloring Club – MR  7:00 Table Games – MR	24  10:00 Music Together Chapel 10:00 Yoga - AB  3:15 Bible Study – IR  3:45 No Mess Finger Painting Media Room	25  9:00 Body Recall – MR 10:00 Noodle Ball – MR  3:30 July Birthday Party Main Dining Room	26  10:00 Music with Patty – MR  2:45 Choir – Chapel  3:15 Chapel Service	27  9:00 Body Recall – MR 10:00 Chairacise – MR  3:00 Creation Care Event – MR  3:00 Movie on Channel 57 “Finding Nemo”	28  9:15 Rise-n-Shine with Laura BTU  10:00 “Sunday” School – MR  3:45 Make-n-Take Suncatchers - MR
29  10:45 Live Stream Worship Service from Lake Junaluska on Channel 57	30  9:00 Body Recall – MR 10:00 Chairacise – MR  3:30 <i>McDowell High Tri M Music Honor Society Concert – Chapel</i>  7:00 Table Games	31  10:00 Music Together Chapel  10:00 Yoga – AB  3:15 Bible Study – IR  3:45 Ice Cream Cone Craft Media Room	  <i>Piano Nan in the Lobby</i>  <i>Mondays &amp; Wednesdays 11:45am &amp; 4:45pm Easy listening music</i>  <i>Thursdays 4:45pm Hymns &amp; Spiritual Music</i>		MR – Media Room IR – International Room CHU – Cummings Unit AB – Activities Building BTU – Bancroft-Taylor Unit <i>Special concerts/events are in italics.</i> <b>All activities outside the facility are in bold.</b>	