



BROOKS-HOWELL HOME MENU



May Wk 3

	Sunday 13-May	Monday 14-May	Tuesday 15-May	Wednesday 16-May	Thursday 17-May	Friday 18-May	Saturday 19-May
Breakfast	Scrambled Eggs* Breakfast Potatoes* Sausage Links* Danish* Cold Cereal Toast Fresh Fruit	Ham & Cheese Omelet* Cream Chip Beef* Grits* Biscuit* Cold Cereal Toast Fresh Fruit	Scrambled Eggs* Sausage Patty* Breakfast Potatoes* Peach Oatmeal* Cold Cereal Toast Fresh Fruit	Sausage Egg Biscuit* Fried Eggs Bacon* Oatmeal* Cold Cereal Toast Fresh Fruit	Scrambled Eggs* Bacon* Breakfast Potatoes* Oatmeal* Cold Cereal Toast Fresh Fruit	Scrambled Eggs* Canadian Bacon* Waffles & Fruit* Grits* Cold Cereal Toast Fresh Fruit	Broccoli Cheese Omelet* Fried Eggs Sausage Patty* Biscuit & Gravy* Cold Cereal Toast Fresh Fruit
Lunch	Soup & Salad Vegetable Soup House Salad* Fresh Fruit Entreés Baked Ham* Lemon Herb Chicken Sides Sweet Potato Casserole* Sauteed Spinach* Steamed Beets & Carrots Sourdough Bread* Dessert Strawberry Cake*	Soup & Salad Soup Du Jour Cole Slaw* Fresh Fruit Entreés Lemon Butter Cod Fish* Stuffed Turkey Breast Sides Seasoned Rice* oasted Parmesan Tomatoes Cauliflower Cheddar Biscuit* Dessert Chocolate Cake*	Soup & Salad Provencal Veggie Soup Italian Veggie Salad* Fresh Fruit Entreés Flank Steak* Marinated Chicken Breast Sides Mashed Potatoes* Asparagus* Buttered Corn Garlic Bread* Dessert Cherry Pie*	Soup & Salad Black Bean Soup Broccoli Salad* Fresh Fruit Entreés Pulled Pork* Veggie Burrito Sides Rice Pilaf* Bacon & Brussels* Blackeyed Peas Flat Bread* Dessert Apple Spice Cake*	Soup & Salad Lentil Soup House Salad* Fresh Fruit Entreés Lasagna* Roasted Chicken Sides Baked Sweet Potato Yellow Wax Beans* Steamed Collards Roll* Dessert Chocolate Meringue*	Soup & Salad She Crab Soup Seafood Salad* Fresh Fruit Entreés Sun Dried Tomato Salmon* Roast Beef Sides Mashed Potatoes* Broccoli* Pinto Beans Corn Bread* Dessert Key Lime Pie*	Soup & Salad Tomato Basil Soup Garden Salad* Fresh Fruit Entreés Hamburger* Pizza Sides Macaroni & Cheese* Sauteed Spinach* Ranch Corn Dessert Angel Food Cake*
Dinner	Soup & Salad Potato Leek Soup* House Salad Fresh Fruit Entreés Zucchini Beef Casserole* Egg Salad Sandwich Sides Tater Tots* Prince Edward Blend* Sliced Bread* Dessert Pudding*	Soup & Salad Broccoli Cheese Soup House Salad Fresh Fruit Entreés Meatballs & Marinara* Spaghetti Squash Parmesan Sides Angel Hair Pasta* Zucchini* Herb Parmesan Toast* Dessert Pound Cake*	Soup & Salad Beef Noodle Soup House Salad Fresh Fruit Entreés Ham & Swiss Quiche* Turkey Salad Platter Sides Potato Cakes* Broccoli* Mini Bun Dessert Egg Custard*	Soup & Salad Soup Du Jour House Salad Fresh Fruit* Entreés Chicken & Dumplings* Crescent Veggie Rolls Sides Baked Potato Normandy Veggies* Sliced Bread* Dessert Muffin*	Soup & Salad Chicken Noodle Soup House Salad Fresh Fruit Entreés Cordon Bleu Casserole* Philly Cheese Sandwich Sides Buttered Noodles* Green Peas* Roll* Dessert Fruit Cobbler*	Soup & Salad Split Pea Soup House Salad Fresh Fruit Entreés Turkey Alfredo* Chef Salad Sides Elbow Pasta* Green Beans* Sliced Bread* Dessert Banana Bread*	Soup & Salad Soup Du Jour House Salad Fresh Fruit Entreés Baked Chicken Thighs* Seafood Salad Pita Sides Fries* Squash Medley* Roll* Dessert Cookie*