



# BROOKS-Howell home menu



Feb Wk 2

	<b>Sunday</b> 12-Feb	<b>Monday</b> 13-Feb	<b>Tuesday</b> 14-Feb	<b>Wednesday</b> 15-Feb	<b>Thursday</b> 16-Feb	<b>Friday</b> 17-Feb	<b>Saturday</b> 18-Feb
<b>Breakfast</b>	Scrambled Eggs* Pancakes* Bacon* & Sausage Oatmeal*  Cold Cereal Toast Fresh Fruit*	Scrambled Eggs* Biscuit* & Berry Compote Bacon* & Sausage Oatmeal  Cold Cereal Toast Fresh Fruit	Scrambled Eggs* French Toast* Bacon* & Sausage Grits  Cold Cereal Toast Fresh Fruit*	Cheddar Omelet* Fried Eggs Bacon & Sausage* Oatmeal* Muffin Cold Cereal Toast Fresh Fruit	Scrambled Eggs* Hash Brown Patty* Bacon* & Sausage Oatmeal*  Cold Cereal Toast Fresh Fruit*	Scrambled Eggs* Waffles* Bacon & Sausage* Oatmeal or Grits*  Cold Cereal Toast Fresh Fruit	Cheddar Omelet* Breakfast Potatoes* Bacon* & Sausage Oatmeal*  Cold Cereal Toast Fresh Fruit*
<b>Lunch</b>	<b>Soup &amp; Salad</b> Soup Du Jour House Salad* Fresh Fruit  <b>Entreés</b> Roasted Leg Of Lamb* Baked BBQ Chicken  <b>Sides</b> Orzo Pasta* Sauteed Spinach* Yellow Squash Roll*  <b>Dessert</b> Cheesecake*	<b>Soup &amp; Salad</b> Hearty Veggie Noodle Broccoli Salad* Fresh Fruit  <b>Entreés</b> Sweet & Sour Pork Loin* Turkey Roast  <b>Sides</b> Cheese & Chive Mashers* Roasted Carrots* Lima Beans Biscuit*  <b>Dessert</b> Apple Pie*	<b>Soup &amp; Salad</b> Fat Tuesday Lenil Soup Seafood Salad* Fresh Fruit  <b>Entreés</b> New Orleans Gumbo* Fried CatFish  <b>Sides</b> Red Beans & Rice* Festive Corn* Mushroom Ragout Corn Bread*  <b>Dessert</b> Mardi Cupcakes*	<b>Soup &amp; Salad</b> Beefy Noodle Soup House Salad* Fresh Fruit  <b>Entreés</b> Mexican Baked Chicken* Black Bean Burrito  <b>Sides</b> Spanish Rice* Seasoned Greens* Stewed Tomatoes Dinner Roll*  <b>Dessert</b> Valentines' Dessert*	<b>Soup &amp; Salad</b> Soup Du Jour Spinach/Tomato Salad Fresh Fruit  <b>Entreés</b> Vegetable Lasagna* Basil Pesto Chicken Breast  <b>Sides</b> Roasted Cauliflower* Bell Peppers & Broccoli* Potato Wedges Garlic Toast*  <b>Dessert</b> Egg Custard Pie*	<b>Soup &amp; Salad</b> Clam Chowder Caesar Salad* Fresh Fruit  <b>Entreés</b> Beef Roast* Tomato/Basil Snapper Fish  <b>Sides</b> Risotto* Yellow Squash* Butter Beans Biscuit*  <b>Dessert</b> White Cake*	<b>Soup &amp; Salad</b> Chicken Noodle House Salad* Fresh Fruit  <b>Entreés</b> Turkey Cheese Burgers* Baked Ziti  <b>Sides</b> French Fries* Stewed Beans* Broccoli House Bread  <b>Dessert</b> Cherry Cobbler*
<b>Dinner</b>	<b>Soup &amp; Salad</b> Ham & Bean Soup House Salad  <b>Entreés</b> Beef Ravioli* Ham Salad Sliders  <b>Sides</b> Roasted Potatoes* Broccoli* Fresh Fruit*  <b>Dessert</b> Cinnamon Rolls*	<b>Soup &amp; Salad</b> Harvest Beef Stew House Salad Fresh Fruit  <b>Entreés</b> Chicken Salad On Bun* Fish Cakes  <b>Sides</b> Tater Tots* Peas*  <b>Dessert</b> Assorted Desserts*	<b>Soup &amp; Salad</b> Soup Du Jour House Salad Fresh Fruit  <b>Entreés</b> Tuna Spinach Casserole* English Muffin Pizza  <b>Sides</b> Baked Potato* Mixed Veggies* Sliced Bread*  <b>Dessert</b> Jello*	<b>Soup &amp; Salad</b> Shrimp & Corn Chowder House Salad Fresh Fruit  <b>Entreés</b> Sloppy Joe* Tomato Mozzarella Quiche  <b>Sides</b> Sweet Potato Fries* California Veggies*  <b>Dessert</b> Cookies*	<b>Soup &amp; Salad</b> Vegetable Chowder House Salad Fresh Fruit  <b>Entreés</b> Chicken & Dumplings* Egg Salad On Croissant  <b>Sides</b> Zucchini Stuffing* Ratatouille*  <b>Dessert</b> Butterscotch Pudding*	<b>Soup &amp; Salad</b> Chicken Waldorf Stew House Salad Fresh Fruit  <b>Entreés</b> Kielbasa Sausage* Squash Medley Casserole  <b>Sides</b> Mac & Cheese* Green Beans* Yeast Roll*  <b>Dessert</b> Banana Bread*	<b>Soup &amp; Salad</b> Mediterranean Soup House Salad Fresh Fruit  <b>Entreés</b> Stuffed Cabbage Rolls* Chicken & Waffles  <b>Sides</b> Roasted Potatoes* Buttered Corn* Sliced Bread*  <b>Dessert</b> Baked Pears*