



BROOKS-Howell home menu



Jan Wk 2

| | Sunday 8-Jan | Monday 9-Jan | Tuesday 10-Jan | Wednesday 11-Jan | Thursday 12-Jan | Friday 13-Jan | Saturday 14-Jan |
|------------------|---|---|--|--|---|--|--|
| Breakfast | Scrambled Eggs* Pancakes* Bacon* & Sausage Oatmeal* Cold Cereal Toast Fresh Fruit* | Scrambled Eggs* Biscuit* & Berry Compote Bacon* & Sausage Oatmeal Cold Cereal Toast Fresh Fruit | Scrambled Eggs* French Toast* Bacon* & Sausage Grits Cold Cereal Toast Fresh Fruit* | Cheddar Omelet* Fried Eggs Bacon & Sausage* Oatmeal* Muffin Cold Cereal Toast Fresh Fruit | Scrambled Eggs* Hash Brown Patty* Bacon* & Sausage Oatmeal* Cold Cereal Toast Fresh Fruit* | Scrambled Eggs* Waffles* Bacon & Sausage* Oatmeal or Grits* Cold Cereal Toast Fresh Fruit | Cheddar Omelet* Breakfast Potatoes* Bacon* & Sausage Oatmeal* Cold Cereal Toast Fresh Fruit* |
| Lunch | Soup & Salad Soup Du Jour House Salad* Fresh Fruit Entreés Roasted Leg Of Lamb* Baked BBQ Chicken Sides Orzo Pasta* Sauteed Spinach* Yellow Squash Roll* Dessert Cheesecake* | Soup & Salad Hearty Veggie Noodle Broccoli Salad* Fresh Fruit Entreés Sweet & Sour Pork Loin* Turkey Roast Sides Cheese & Chive Mashers* Roasted Carrots* Lima Beans Biscuit* Dessert Apple Pie* | Soup & Salad Roasted Tomato Stew Beet Salad* Fresh Fruit Entreés Flank Steak* Stuffed Fish Sides Brown Rice & Lentils* Parmesan Zucchini* Black Eye Peas Zucchini Bread* Dessert Orange Cream Cake* | Soup & Salad Beefy Noodle Soup House Salad* Fresh Fruit Entreés Mexican Baked Chicken* Black Bean Burrito Sides Spanish Rice* Seasoned Greens* Corn Jap Corn Bread* Dessert Chocolate Cake* | Soup & Salad Soup Du Jour Spinach/Tomato Salad Fresh Fruit Entreés Vegetable Lasagna* Basil Pesto Chicken Breast Sides Roasted Cauliflower* Bell Peppers & Broccoli* Potato Wedges Garlic Toast* Dessert Brownies* | Soup & Salad Clam Chowder Caesar Salad* Fresh Fruit Entreés Beef Roast* Breaded Catfish Sides Risotto* Yellow Squash* Butter Beans Biscuit* Dessert White Cake* | Soup & Salad Chicken Noodle House Salad* Fresh Fruit Entreés Turkey Cheese Burgers* Baked Ziti Sides French Fries* Stewed Beans* Broccoli Sliced Italian Bread* Dessert Cherry Cobbler* |
| Dinner | Soup & Salad Ham & Bean Soup House Salad Entreés Beef Ravioli* Ham Salad Sliders Sides Roasted Potatoes Broccoli* Fresh Fruit* Dessert Cinnamon Rolls* | Soup & Salad Harvest Beef Stew House Salad Fresh Fruit Entreés Chicken Salad On Bun* Fish Cakes Sides Tater Tots* Peas* Dessert Assorted Desserts* | Soup & Salad Soup Du Jour House Salad Fresh Fruit Entreés Tuna Spinach Casserole* English Muffin Pizza Sides Baked Potato* Mixed Veggies* Sliced Bread* Dessert Fruit Cup* | Soup & Salad Shrimp & Corn Chowder House Salad Fresh Fruit Entreés Sloppy Joe* Tomato Mozzarella Quiche Sides Sweet Potato Fries* California Veggies* Dessert Cookies* | Soup & Salad Vegetable Chowder House Salad Fresh Fruit Entreés Chicken & Dumplings* Egg Salad On Croissant Sides Zucchini Stuffing* Ratatouille* Dessert Butterscotch Pudding* | Soup & Salad Chicken Waldorf Stew House Salad Fresh Fruit Entreés Kielbasa Sausage* Squash Medley Casserole Sides Mac & Cheese* Green Beans* Yeast Roll* Dessert Banana Bread* | Soup & Salad Mediterranean Soup House Salad Fresh Fruit Entreés Stuffed Cabbage Rolls* Chicken & Waffles Sides Roasted Potatoes* Buttered Corn* Sliced Bread* Dessert Baked Pears* |