

JANUARY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day 9:00 Body Recall – MR 10:00 Chaircise – MR 3:30 New Year's Party Media Room	2 10:00 Music Together Chapel 10:00 Yoga – AB 3:15 Bible Study – IR 3:30 Make your own Snow Media Room	3 9:00 Body Recall – MR 10:00 Chaircise – MR 1:00 Shopping 3:30 ACT Poetry Reading Chapel Foyer	4 10:00 Music with Georgia Media Room 2:45 Choir – Chapel 3:15 Chapel Service	5 9:00 Body Recall – MR 10:00 Chaircise – MR 3:00 Movie on Channel 57 "Frozen"	6 9:15 Rise-n-Shine with Laura CHU 10:00 "Sunday" School – MR 3:30 Painting a Still Life - MR
7 10:00 Hot Chocolate Craft BTU 10:55 Central UMC Worship Service Channel 57 3:30 Craft Time – CHU	8 9:00 Body Recall – MR 10:00 Chaircise – MR 3:30 Manicures – BTU 7:00 Table Games – MR	9 10:00 Music Together Chapel 10:00 Yoga – AB 3:15 Bible Study – IR 3:30 Cookie Cutter Bird Feeder – MR	10 9:00 Body Recall – MR 10:00 Noodle Ball – MR 3:30 Hymn Sing – MR	11 10:00 Music with Patty Media Room 2:45 Choir – Chapel 3:15 Chapel Service	12 9:00 Body Recall – MR 10:00 Chaircise – MR 3:00 Movie on Channel 57 "Ice Age: The Meltdown"	13 9:15 Rise-n-Shine with Laura BTU 10:00 "Sunday" School – MR 3:30 Hand Massages & Memory Rhymes – CHU
14 10:00 Winter Coloring CHU 10:55 Central UMC Worship Service Channel 57 3:30 Reminiscing while drinking Apple Cider – BTU	15 Martin Luther King, Jr. Day – "I Have a Dream" 9:00 Body Recall – MR 10:00 Chaircise – MR 3:30 Health Center Residents' Council - Chapel 7:00 Table Games – MR	16 10:00 Music Together Chapel 10:00 Yoga – AB 3:15 Bible Study – IR 3:30 Octoband Fun – Chapel 7:00 Movie Night on Channel 57 – "The Best Exotic Marigold Hotel" Rated PG-13	17 9:00 Body Recall – MR 10:00 Chaircise – MR 10:30 <i>Program on Senior Scams by Jeremy Wilde Chapel</i> 1:00 Shopping 3:30 Making Bread – MR	18 10:00 Music with Georgia Media Room 2:45 Choir – Chapel 3:15 Chapel Service	19 9:00 Body Recall – MR 10:00 Chaircise – MR 3:00 Movie on the Big Screen "Dunkirk" 3:00 Movie on Channel 57 "Happy Feet"	20 9:15 Rise-n-Shine with Laura CHU 10:00 "Sunday" School – MR 3:30 Tea Sippers - BTU
21 10:00 Trivia Time – BTU 10:55 Central UMC Worship Service Channel 57 3:30 Yarn Rolling – CHU	22 9:00 Body Recall – MR 10:00 Chaircise – MR 3:00 Independent Resident Council Executive Committee - AB 3:30 Manicures - CHU 7:00 Table Games – MR	23 10:00 Music Together Chapel 10:00 Yoga - AB 3:15 Bible Study – IR 3:30 Brain Teasers – MR	24 9:00 Body Recall – MR 10:00 Chaircise – MR 3:30 <i>Family Fun Activity – Snow Day - Chapel</i>	25 10:00 Music with Patty Media Room 2:45 Choir – Chapel 3:15 Chapel Service	26 9:00 Body Recall – MR 10:00 Chaircise – MR 11:30 Lunch Bunch to Surprise Destination 3:00 Movie on Channel 57 "March of the Penguins"	27 9:15 Rise-n-Shine with Laura BTU 10:00 "Sunday" School – MR 3:30 Silly Songs from Childhood – CHU
28 10:00 Short Stories – CHU 10:55 Central UMC Worship Service Channel 57 3:30 Collage Making BTU	29 9:00 Body Recall – MR 10:00 Chaircise – MR 3:30 "The Price is Right" Game – MR 7:00 Table Games	30 10:00 Music Together Chapel 10:00 Yoga – AB 3:15 Bible Study – IR 3:30 Mad Professor Antics & Hands-on Fun – MR	31 9:00 Body Recall – MR 10:00 Chaircise – MR 1:00 Shopping 3:30 January Birthday Party – Main Dining Room			MR – Media Room IR – International Room CHU – Cummings Unit AB – Activities Building BTU – Bancroft-Taylor Unit <i>Special concerts/events are in italics.</i> All activities outside the facility are in bold.