



# BROOKS-Howell home menu



October Wk 2

	<b>Sunday</b> 9-Oct	<b>Monday</b> 10-Oct	<b>Tuesday</b> 11-Oct	<b>Wednesday</b> 12-Oct	<b>Thursday</b> 13-Oct	<b>Friday</b> 14-Oct	<b>Saturday</b> 15-Oct
<b>Breakfast</b>	Scrambled Eggs* Pancakes* Bacon* & Sausage Oatmeal*	Scrambled Eggs* Biscuit* & Berry Compote Bacon* & Sausage Oatmeal	Scrambled Eggs* French Toast* Bacon* & Sausage Grits	Cheddar Omelet* Fried Eggs Bacon & Sausage* Oatmeal* Muffin	Scrambled Eggs* Hash Brown Patty* Bacon* & Sausage Oatmeal*	Scrambled Eggs* Waffles* Bacon & Sausage* Oatmeal or Grits*	Cheddar Omelet* Breakfast Potatoes* Bacon* & Sausage Oatmeal*
	Cold Cereal Toast Fresh Fruit*	Cold Cereal Toast Fresh Fruit	Cold Cereal Toast Fresh Fruit*	Cold Cereal Toast Fresh Fruit	Cold Cereal Toast Fresh Fruit*	Cold Cereal Toast Fresh Fruit	Cold Cereal Toast Fresh Fruit*
<b>Lunch</b>	<b>Soup &amp; Salad</b> Soup Du Jour House Salad* Fresh Fruit	<b>Soup &amp; Salad</b> Hearty Veggie Noodle Broccoli Salad* Fresh Fruit	<b>Soup &amp; Salad</b> Roasted Tomato Stew Beet Salad* Fresh Fruit	<b>Soup &amp; Salad</b> Chicpea Chorizo Soup Grilled Vegetable Salad*	<b>Soup &amp; Salad</b> Cream Of Mushroom Spinach Cobb* Fresh Fruit	<b>Soup &amp; Salad</b> She Crab Soup Caesar Salad* Fresh Fruit	<b>Soup &amp; Salad</b> Chicken Noodle House Salad* Fresh Fruit
	<b>Entreés</b> Roasted Leg Of Lamb* Baked BBQ Chicken	<b>Entreés</b> Sweet & Sour Pork Loin* Turkey Breast Roast	<b>Entreés</b> Flank Steak* Stuffed Fish	<b>Entreés</b> Mexican Baked Chicken* Black Bean Burrito	<b>Entreés</b> Vegetable Lasagna* Baked Chicken	<b>Entreés</b> Beef Brisket* Fried Catfish Roasted Caper Mayo	<b>Entreés</b> Turkey Cheese Burgers* Baked Ziti
	<b>Sides</b> Orzo Pasta* Sauteed Spinach* Veggie Medley Roll*	<b>Sides</b> Cheese & Chive Mashers* Roasted Carrots* Lima Beans Biscuit*	<b>Sides</b> Brown Rice & Lentils* Parmesan Zucchini* Black Eye Peas Zucchini Bread*	<b>Sides</b> Spanish Rice* Corn Seasoned Greens* Jap Corn Bread*	<b>Sides</b> Mashed Potatoes Sweet & Sour Red Cabbage* Bell Peppers & Broccoli* Garlic Toast*	<b>Sides</b> Risotto* Butter Beans Yellow Squash* Biscuit*	<b>Sides</b> French Fries* Stewed Beans* Broccoli Sliced Italian Bread
<b>Dessert</b> Cheesecake*	<b>Dessert</b> Banana Split*	<b>Dessert</b> Orange Cream Cake*	<b>Dessert</b> Key Lime Pie*	<b>Dessert</b> Blueberry Shortcake*	<b>Dessert</b> Apple Pie*	<b>Dessert</b> Cherry Cobbler*	
<b>Dinner</b>	<b>Soup &amp; Salad</b> Beet Soup House Salad* Fresh Fruit	<b>Soup &amp; Salad</b> Harvest Beef Stew House Salad* Fresh Fruit	<b>Soup &amp; Salad</b> Four Bean Chili* House Salad* Fresh Fruit	<b>Soup &amp; Salad</b> Shrimp & Corn Chowder House Salad* Fresh Fruit	<b>Soup &amp; Salad</b> Vegetable Chowder House Salad* Fresh Fruit	<b>Soup &amp; Salad</b> Chicken Waldorf Stew House Salad* Fresh Fruit	<b>Soup &amp; Salad</b> Mediterranean Soup House Salad* Fresh Fruit
	<b>Entreés</b> Warm Pastrami On Rye* Tortellini In Meat Sauce	<b>Entreés</b> Chicken Salad On Bun* Fish Croquettes	<b>Entreés</b> Tuna Noodle Casserole* English Muffin Pizza	<b>Entreés</b> Sloppy Joe* Tomato Mozzarella Quiche	<b>Entreés</b> Chicken & Dumplings* Egg Salad On Croissant	<b>Entreés</b> Keilbasa Sausage* Squash Medley Casserole	<b>Entreés</b> Stuffed Cabbage Rolls* Chicken & Waffles
	<b>Sides</b> Roasted Potatoes* Green Beans* Broccoli	<b>Sides</b> Potato Wedges* Peas* Glazed Acorn Squash	<b>Sides</b> Baked Potato* Mixed Veggies* Okra	<b>Sides</b> Sweet Potato Fries* California Veggies*	<b>Sides</b> Zucchini Stuffing* Ratatouille* Collard Greens	<b>Sides</b> Mac & Cheese* Green Beans* Yeast Roll*	<b>Sides</b> Roasted Potatoes* Buttered Corn* Sliced Bread*
<b>Dessert</b> Brownies*	<b>Dessert</b> Assorted Desserts*	<b>Dessert</b> Boston Cream Pie*	<b>Dessert</b> Cookies*	<b>Dessert</b> Dessert Du Jour*	<b>Dessert</b> Lemon Meringue Pie*	<b>Dessert</b> Carrot Cake*	